

**New Hampshire Hearing and Balance**

655 Portsmouth Ave.

Greenland, NH

**603.436-4655**

**Patient**

**Name:** \_\_\_\_\_ **D.O.B** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Equilibrium disorders may appear with a variety of symptoms. Some individuals may experience dizziness or vertigo, while others have imbalance or unsteadiness. Please spend a few minutes answering the questions regarding your history and symptoms. Answer the questions to the best of your ability but please be assured that how you answer will not effect your evaluation.

How or when did your problem first occur? \_\_\_\_\_

How long did it last? \_\_\_\_\_

Date of last physician appointment? \_\_\_\_\_ Date of next physician's appointment? \_\_\_\_\_

Do you experience any of the following? Please read the entire list first, and then check either the first box for YES or the second box for NO to describe your feelings most recently.

- | <b>YES</b> | <b>NO</b> |  |
|------------|-----------|--|
| ___        | ___       | Did you have motion sickness as a child?                     |
| ___        | ___       | Do you have migraine headaches?                              |
| ___        | ___       | Do you have a family history of migraine headaches?          |
| ___        | ___       | Were you exposed to any solvents, chemicals?                 |
| ___        | ___       | Have you received any injuries to your head? When? _____     |
| ___        | ___       | Have you ever had a neck injury?                             |
| ___        | ___       | Have you ever fallen? How many times? _____                  |
| ___        | ___       | Were these falls associated with your symptoms of dizziness? |
| ___        | ___       | Are you afraid of falling?                                   |
| ___        | ___       | Do you use alcohol?  |
| ___        | ___       | Do you live alone?   |

If you have dizziness, please check the box for either YES or NO, and fill in the blank spaces. If you do not experience dizziness, please go to the next section.

- | <b>YES</b> | <b>NO</b> |  |
|------------|-----------|--|
| ___        | ___       | My dizziness is constant?  |
| ___        | ___       | If in attacks, how often?  |
| ___        | ___       | Are you completely free of dizziness between attacks?                    |
| ___        | ___       | Do you have any warning that an attack is about to start?                |
| ___        | ___       | Is the dizziness provoked by head/body movement?                         |
| ___        | ___       | If so describe. _____  |
| ___        | ___       | Do you know of anything that will stop your dizziness or make it better? |
| ___        | ___       | What _____   |
| ___        | ___       | Do you know of any possible cause of your dizziness? Describe _____      |

Do you experience any of the following sensations?

- | <b>YES</b> | <b>NO</b> |   |
|------------|-----------|---|
| ___        | ___       | Lightheadedness?                            |
| ___        | ___       | Swimming sensation in the head?             |
| ___        | ___       | Blacking out or losing consciousness?       |
| ___        | ___       | Objects spinning or turning around you?     |
| ___        | ___       | Sensation that you are turning or spinning? |
| ___        | ___       | Tendency to fall to the right or left?      |
| ___        | ___       | Do you have trouble walking in the dark?    |
| ___        | ___       | Nausea or vomiting?                         |

Have you ever experienced any of the following symptoms?

**YES**      **NO**

- Double vision?
  - Spots before your eyes?
  - Numbness of face, arms, or legs?
  - Confusion or loss of consciousness?
  - Have you started taking any new medications in the past six months?
- If yes, please list: \_\_\_\_\_

Did you ever have any of the following symptoms?

**YES**      **NO**

- Difficulty in hearing?    Both ears      Right ear      Left ear
- When did this start?
- Is there any association between your hearing symptoms and your dizziness?
- Do you have any noise in your ears? Describe \_\_\_\_\_
- Does anything stop the noise or make it better?
- Do you have any fullness or pressure in your ears?    Both      Right ear      Left ear
- Does this change when you are dizzy?
- Pain in your ears?
- Discharge from your ears?

Please list any medications you are presently taking.

<b><u>Medication</u></b>	<b><u>Taking For:</u></b>	<b><u>When you first started using.</u></b>
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_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Please list any drug allergies:**

_____	_____
_____	_____
_____	_____

**Other Allergies:**

_____	_____
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